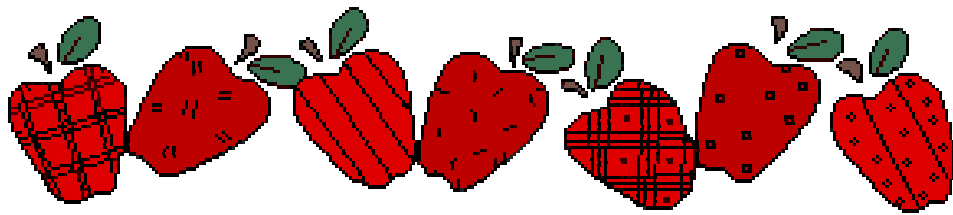
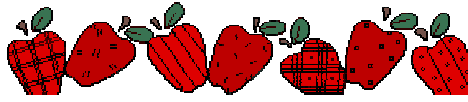


# A Bushel Basket of Curriculum Ideas on Apples!






# Apples!

**Curriculum Goal** – To impart information related to the curriculum theme of “apples”, while incorporating skill-building activities and concepts.

**Vocabulary:**

- |                |   |              |
|----------------|---|--------------|
| - Apples       |  | - Harvest    |
| - Orchard      |   | - Slice      |
| - Fruit        |   | - Nutritious |
| - Macintosh    |   | - Peel       |
| - Granny Smith |   | - Core       |

**Letter of the Week:** A

**Colors of the Week:** Red, yellow, green

**Concepts:**

- Apples are a fruit that grow on trees
- There are several types of apples
- Apples are a food that is nutritious, and good for us
- Apples grow in every state



**Sensory Table Ideas:**

With a dull (butter) knife, allow a couple of children at a time to peel apples (*with instruction and supervision*)

**Art Activities:**

- **Apple Prints** *Cut several apples in half. Dip the apples into shallow containers of paint then press onto a sheet of construction paper.*
- **Apple Trees All Year Long** *Accordion fold a 12"x18" sheet of white construction paper to make 4 sections. On each section, write the name of a different season. To make the tree on each section, paint child's hand and arm brown. Press his hand and arm onto each of the 4 sections (to create 4 "trees".) For the winter tree, add nothing. For spring, add light green tissue for leaves and popcorn to represent blossoms. For summer, paint green leaves and add fingerprint apples. For fall, add red, yellow, and brown tissue for fall leaves. (From: The Mailbox September Book)*
- **Worm Painting.** *Drag pieces of yarn through paint, then drag on paper.*
- **Cut paper for at the easel into an apple shape.** *Have green, red and yellow paint out. Variation: Brown pipecleaners can be added as "worms"*
- **Make "trees"** *Children can add "apples" with either fingers dipped in red paint, gluing on Red Hot candies, or small pieces of wadded red tissue paper*
- **Shiny Apple Sun Catchers** *Draw a large apple onto wax paper, cut out. Let children use colored glue (red, yellow, green) to paint the inside of the apple. While still wet, use colored yarn to outline the shape, and then let dry. Once dry, peel the glue apple away, from the wax paper and hang!*



- Bring in real apple blossoms, if possible. Place in a vase by the easel for children to paint or draw if they choose. *Variation: Put apples in a bowl. Talk about "still life" paintings. Show children famous artwork of bowls of fruit.*
- Fingerpaint on shapes cut in the shape of apples
- Make a large tree out of butcher paper or posterboard. *Let children color. Using bingo paint dabbers, add "apples". Variation: Use a cork as a stamper or fingertips*
- Make seed collages *Free style (glue drizzle) or draw outline and fill in with seeds*
- Substitute small crabapples for marbles to marble paint.
- Stained Glass Apples *Children trace and cut wax paper into apple shapes. Brush glue on and add tissue paper. Dry*
- Make a large 3D tree by twisting brown paper grocery bag into "branches"
- Use apple cookie cutters to make prints with paint
- Paint or fingerpaint with applesauce
- Make a class "Apple Orchard" group mural
- Glue small twigs onto paper. Add "apples" (wadded tissue paper)
- Negative Space Apple. *Place apple cut out on paper. Paint over it, remove.*

### Cooking Experience:

Bake Individual "Apple Pies" Have children each flatten one refrigerator biscuit. Add diced apples and sprinkle with cinnamon. Bake.



### Community Time: ("Circle Time"/"Group Time")

**Monday:** Take dictation from the children on a large sheet of paper, writing their responses to the question: *"What do we know about apples?"* (Display finished chart)

**Tuesday:** Ask and discuss: *"How do we get apples?"*

**Wednesday:** Chart: *"What words do we know that begin with the letter 'A'?"*

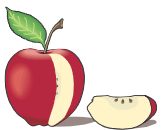
**Thursday:** Ask and discuss: *"What kinds of things can you make with apples?"*

**Friday:** Review/discuss: *"What did we learn this week about apples?"*

*Follow with books, songs and fingerplays (included) related to the curriculum theme "Apples." Let the children know what their choices are for the morning and what activities are new in the classroom for the day. Dismiss the group a few at a time in fun, creative ways – ideally related to the theme, apples.*

### Math Activities:

- Apple fraction math concepts *Show how a sliced apple equals a whole apple*
- Apple Counting
- Apple patterning by color *(2 red, 1 yellow, 2 red, 1 yellow, 2 red, 1 yellow... )*
- Weigh apples.
- Estimate height in apples! *"I am \_\_\_\_ apples tall."*
- Compare apple sizes; Arrange apples from smallest to largest, etc.
- Apple seed counting activity. *Have children estimate how many seeds they think are in the apple. Cut it in half, then count the seeds.*
- Cut pieces of yarn in several sizes (worms). Match or line up by size.
- Make an apple growing sequencing activity.
- Estimate how many green Jolly Rancher candies are in a jar *(or Gummi Worms)*
- Apple pie fractions *Cut up a "pie" into pieces. Explore fractions – ½, ¼, whole*
- Order small apple erasers from Oriental Trading for counting



### Home/School Connection Ideas:

- Ask parents to dress children in something red on a specific day of the week.
- Ask parents to look around their home (with their child) and find an object their child can bring in that begins with the letter “A”

### Science Table Enrichments:

Cut a few apples in half for the children to look at, touch and smell. Add and use a magnifying glass; Bring in worms in a clear container.

### Science Concepts/Activities:

- Predict how many seeds are in an apple. Cut open and count.
- Taste test different varieties of apples; Graph your favorites.
- Sequence: How an Apple grows; How to eat an apple.
- Make and eat cooked apples. Compare to raw apples.
- Research and learn about worms! *Start a worm compost*
- Peel an apple. Leave it out and observe/chart the changes daily.  
*Variation: Peel 2 apples and dip one in lemon juice. Note the differences.*



### Prop Box Ideas/Dramatic Play Enrichments:

Add props to “Bake an Apple Pie!”: Pie pans, aprons, pot holders, a rolling pin, an empty cinnamon container, a kitchen timer, spoons, bowls. Cut “ingredients” out of felt (a round brown crust, yellow apple wedges.); Add empty, washed apple juice bottles; Make a table centerpiece of a vase with apple blossoms.

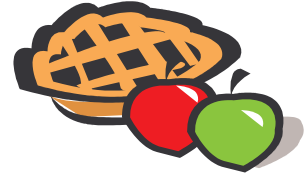
### Movement and Motor:



- Apple Relay. Make 2 lines. Children “pass” an apple under their neck to the next person, without using their hands (by lowering their heads, under chin).
- “In & Out the Apple” Cut bottom out of a large box. Draw a large apple on both sides of the box. Children (worms) climb through – like a tunnel
- Apple Toss. Children toss red plastic balls (apples) into crates or buckets.
- “Bobbing” for Apples
- Musical Pass the Apple (*Play like “Hot Potato”*)
- Falling Apples. Try to keep red plastic balls (apples) in the parachute
- Apple Relay Racing. In 2 groups children walk with an apple balanced on a big serving spoon and pass it to the next teammate.
- Rolling Apples Relay. In 2 groups children get into a crawling position and roll the apple down one side of the room, around a cone, back down the side of the room. Pass to next teammate. Continue until all have had a turn.
- Picking Apples Listening Game. Velcro or tape red, yellow, and green apples to the wall. Children listen for their name to be called and the teacher will name a color of apple. Children run to wall, get the right color apple, run back and put it into the container labeled with that color of apple.
- Apple Hop. Cut out and laminate several large apples. Place on the floor for children to hop from one “apple” to another.
- Red Apple, Green Apple *Play like “Red Light, Green Light”*

### Playground/Walk Activities:

If possible, locate and show children a real apple tree.



### Transition/Waiting Ideas:

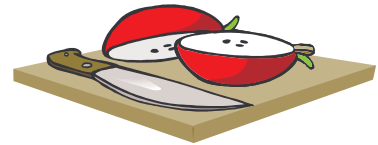
- “What can you see that begins with the letter ‘A’?”
- “If you are wearing *red* you may...”
- “Who can tell me something *yellow* in our room?”
- “Who knows what kinds of things you can make with apples?”
- “Who can name some types of apples?”
- Pretend to all be apples on a tree. Child “picks” next apple (child)

### Block Area Enrichments:

Add a piece of wood from an apple tree; Talk about wood coming from trees.  
Compare with other types of wood and the wooden blocks.

### Flannel Board:

Make/add tree and apple shape flannelboard pieces



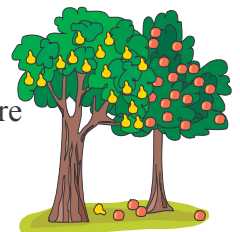
### Teacher Made Enrichment Ideas:

- Make Apple and the letter “A” shaped lacing cards; Punch out letters of the alphabet to put in center of an apple pattern as lacing cards
- Make an apple growing stages sequencing activity
- Apple shaped stencils. (*Trace apple shape on butter tub lid or file folder, cut*)
- A ‘Letter Box’ with small trinkets and objects, beginning with the letter “A”
- Make a rebus chart for the cooking activity, so that children can follow ‘directions’ and experience using a recipe, reinforcing symbols have meaning.
- Make red and green apple bean bags (Rolled up yellow, red &/or green socks also make good “apples” for games or for tossing)
- Make an apple seed counting game (or GummiWorms/apple counting game)
- Make an apple color sorting game (red, yellow, green); **or** - sequencing cards
- Make a number matching file folder game. Write numbers on each “tree”. Children place that many “apples” on that “tree”; *Optional: Use a dice*
- Make an apple/bushel basket counting game by putting a number on a “bushel basket”. Children then put that number of apples into that basket.
- Make Apple Number Puzzles. On one half of an index card write a number. On the other half, draw that number of apples. Cut into “puzzles” to match
- Make apple puzzles. Make large apples out of red posterboard. Cut up.
- Make Apple Bingo. Make different colors apples with faces (smile, frown...
- “Real” apple puzzles. Cut through an apple (still upright) in a zig-zag manner. Children must place the top piece onto the bottom section just right to fit.



### Field Trip Ideas: (*Contingent on location and accessibility*)

- Visit an apple orchard; **Or:** The produce section of a nearby grocery store



### Supplemental Learning Ideas/ Activities:

- Make a dried apple slice wreath or string a swag. *Dip in lemon juice before drying*
- Plant some apple seeds! Optional: Start in clear baggies with wet papertowels
- Add cinnamon to red playdough or paint to enhance the smell
- Apple Shaker. Children fold a paper plate in half, gluing or stapling edges together to look like a quarter of an apple. Leave a small hole open for children to pour seeds or beans in. Seal. Color red, yellow or green crayons
- Have/make a pretend "Apple Stand" selling apples
- Play the game "Hi Ho Cherry-o" (pretending cherry pieces are apples)
- Apple printable file folder game on-line at:  
[www.preschoolprintables.com/felt/apples/feltapples.html](http://www.preschoolprintables.com/felt/apples/feltapples.html)
- Tic-Tac-Apple. Use red and green beanbags to play Tic-Tac-Tow with a Tic-Tac board on floor.
- Have an Apple Hunt, hiding apples throughout the room for the children to find. Count when finished.
- Create a pattern with different colors of apple cut-outs. Have the children continue the pattern you have started, practicing sequencing skills.
- Use apple-shaped piece of artwork as a picture frame. Put kids pic in center
- Johnny Appleseed hat. Staple headband. Glue on apple cut-out, pan "handle"
- How Many Apples Tall Am I? Have children lay on the floor and measure each other based on how many apples it takes to equal their height. Chart.
- Make applesauce or apple cider!
- Tactile Apple Letter "Aa" Trace a large, simple apple shape on red, green or yellow construction paper. Write a large "Aa" in the center, and "Aa is for Apples" on the bottom. After the child cuts out the apple, he/she can glue apple seeds to the "Aa"
- "We Have Lots of Apples Up on Top!" Read the book "Ten Apples Up On Top" by Dr. Suess. Make pages from pieces of white construction paper. On the bottom of each page, write "\_\_\_\_\_ has \_\_\_\_\_ apples up on top." Child fills in his name and the number of apples he/she wants on top of his/her head (Ex: Suzie has 6 apples up on top.) Have child draw a picture of his face, and draw, use a stamp or stickers to add correct number of apples
- Stuffed Apples. Stuff paper lunch bags, tie shut. Paint red. Add green leaf.
- If you know how to juggle (or know someone that can), juggle apples!
- Taste both hot and cold apple cider. Graph which one each child likes best.
- Research and learn more about worms! Bring in real worms.
- Make journals for the children, cut in the shape of an apple.
- Write a group story about a little boy that loved apples.
- Weave paper "apple baskets" (2 strips of brown paper)
- Make "apple"-shaped piñatas. (Balloons; newspaper strips; flour & water mixture; red paint – for when dry)
- Play "Rotten Apple" – play like "Hot Potato"
- Fill a bushel and have children estimate how many apples are in it
- Ask/chart: "Who has picked apples?" (yes/no)
- Ask/List: "What other things grow on trees?"
- Make a display board illustrating what the children have done during the week
- Make a rhyming word activity, writing words on apples (to sort based on sound)
- Examine and explore a bruise on an apple. Discuss.
- Apples to a "Tee". Paint a Styrofoam ball red. Stick a green golf tee in the top.
- Bring in an apple-corer or apple peeler, if possible





### Supplies needed for activities/projects:

- Apples
- Cinnamon
- Construction paper, paint and crayons
- Glue
- Red food coloring (or dry tempura)
- Playdough ingredients (flour, salt, oil)
- Large sheets of easel paper (dictation, graphing)
- Felt for flannelboard
- Index cards
- Dull butter knife (for cutting)
- Tissue paper
- Gummi Worms (candy)



### Easy Appledough

2 cups flour  
1 cup salt  
red tempera paint  
water  
Cinnamon

*Mix flour, salt and paint with  
enough water to make  
consistency desired.*

*Add cinnamon for smell.*

### Bulletin Board Ideas:

*"Apple of My Eye"*  
*"A Bushel Basket of Fun"*  
*"An Apple a Day..."*  
*"A – peeling Artwork!"*  
*"Picking Great Work"*  
*"Our Family Tree!"*  
*"Worming Our Way  
into Learning"*  
*"Good to the Core"*  
*"Core Learning!"*  
*"Apple-solute Fun!"*  
*"Juicy Artwork!"*

Make a lg. handprint tree

### Online Resources on Apples:

[www.title3.org/learn/apgrow.htm](http://www.title3.org/learn/apgrow.htm)

[www.waga.org/ed.html](http://www.waga.org/ed.html)

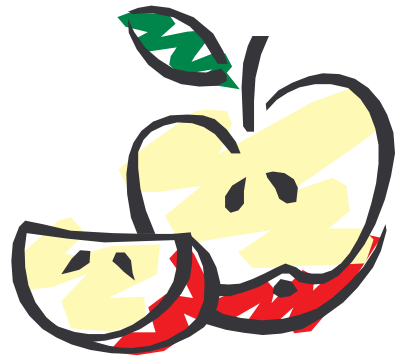
[www.kickapec-orchard.com/pictures.html](http://www.kickapec-orchard.com/pictures.html)

<http://michiganapples.com/educational.html>

[www.bestapples.com/grower/seasons.html](http://www.bestapples.com/grower/seasons.html)

<http://apple.yakimavalleymuseum.org/apple/journey.html>

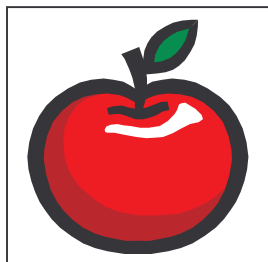
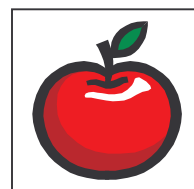
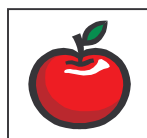
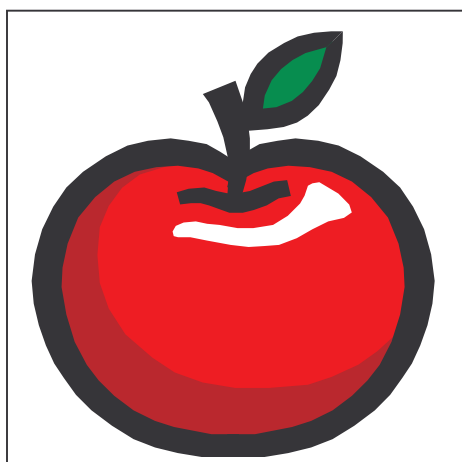
<http://www.preschoolprintables.com/felt/apples/feltapple.shtml> (5 Little Apples)



***Eat an apple...save the core...plant the seeds... grow some more!!***

# APPLE SEQUENCING

(Pieces)



***Note:** As always, actual real objects that the children can physically handle provide the most opportunity for learning. If possible, find real apples in various sizes to sequence.*



# Apple Songs/ Fingerplays:

## Apples, Apples

(Tune: "Baa, Baa, Black Sheep")

Apples juicy, apples round;  
On the tree or on the ground.

Apples yellow, apples red,  
Apple pie and juice and bread!

Apples crunchy, apples sweet;  
Apples are so good to eat!



## Ten Little Apples

(Tune: "Ten Little Indians")

One little, two little, three little apples,  
Four little, five little, six little apples,  
Seven little, eight little, nine little apples,  
Ten little apples for you and me!

## "Four Red Apples"

(Tune: "This Old Man")

Four red apples in the tree,  
Two for you and two for me,  
So, shake that tree and watch them fall,  
One, two, three, four ...that is all.

## "Apples Off My Tree"

(Tune: "Skip to My Lou")

Pick some apples off my tree,  
Pick some apples off my tree,  
Pick some apples off my tree,  
Pick them all for you and me.

## "I'm a Little Apple"

(Tune: "I'm a Little Teapot")

I'm a little apple short and round,  
I make a crunchy, munchy sound.  
If you bite into me you will see  
I'm as delicious as can be.

## Apple Tree

Way up high in an apple tree,  
(point up)

2 Little apples smiled at me!  
(make 2 circles with hands)

I shook that tree as hard as I could!  
(pretend to "shake tree")

Down came the apples...  
(pound on floor with hand)

Mmmm-m-m, they were good!  
(rub tummy)

## "Round the Apple Tree"

( "Here We Go Around the Mulberry Bush")

Here we go round the apple tree,  
The apple tree, the apple tree,  
Here we go round the apple tree,  
So early in the morning.

This is the way we plant the seeds.  
This is the way the little seeds sprout.  
This is the way it grows to a tree.  
This is the way the flowers bloom.  
This is the way the apples grow.  
This is the way the apples are picked.

### Applesauce

*Tune: Yankee Doodle*

Peel an apple,  
Cut it up,  
Cook it in a pot.  
When you taste it  
You will find...  
It's applesauce you've got!

- Martha T. Lyon



### I Am an Apple

*Tune: Farmer in the Dell*

I am an apple,  
Growing on a tree.  
If you want some  
applesauce,  
Just cook me!

*By Polly Reedy*

### Look at the Apples

*Tune: Mulberry Bush*

Look at the apple I have found,  
So fat and rosy on the ground.  
Mother will wash it and cut it in two.  
Half for me, and half for you!

### Ten Apples

1 red, 2 red, 3 red apples,  
4 red, 5 red, 6 red apples,  
7 red, 8 red, 9 red apples,  
10 red apples!

*Other verses: yellow, green,  
little, big, ripe, etc.*

### **Books on Apples:**

The Seasons of Arnold's Apple Tree *by Gail Gibbons*

The Apple Pie Tree *by Zoe Hall*

How to Make An Apple Pie and See the World *by M. Priceman*

Apples and Pumpkins

I Am an Apple *by Jean Marzollo*

Picking Apples and Pumpkins *by Amy Hutchings*

Johnny Appleseed *by Steven Kellog*

Ten Apples Up On Top *by Dr. Suess*

Apple Pigs *by Ruth Orbach*

10 Red Apples *by Pat Hutchings*

Oats and Wild Apples *by Frank Asch*

Rain Makes Applesauce *by J. Scheer/M. Bileck*

Applebet *by Clyde Watson*

The Giving Tree *by Shel Silverstein*

How Do Apples Grow? *by Betsy Maestro*

What's So Terrible About Swallowing an Apple Seed? *by Harriet Learn*

Let's Visit an Apple Orchard *A First Start Easy Reader from Troll Book*

An Apple a Day *by Melvin Berger*

The Big Red Apple *by David Tunkin*

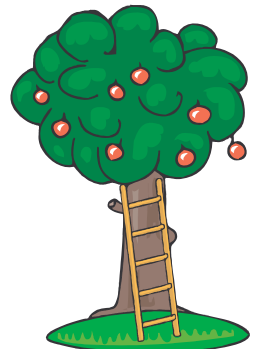
Applesauce *by Shirley Kurtz*

Little Mouse and the Big Red Apple *by A.H. Benjamin*

Dumpy's Apple Shop *by Julie Andrews Edwards*

### **CD-Roms:**

A Tree Through The Seasons  
*from National Geographic*  
Johnny Appleseed





### **A Little Red Apple**

A little red apple,  
up high in a tree.

I look up at it,  
and it looked down at me.

“Come down please  
red apple”, I called,  
And what do you suppose?

That little red apple  
Fell right down on my nose!

OUCH!

### **Farmer Brown's Apples**

Farmer Brown had 5 green apples,  
hanging on his tree

He plucked one apple  
and he ate it hungrily,

Leaving 4 green apples,  
hanging on his tree....



3...2...1

### **Videos:**

Apple Farming For Kids

Johnny Appleseed *from Rabbit Ears*

Johnny Appleseed *by Disney*

### **Four Red Apples**

*Tune: "This Old Man"*

Four red apples on the tree,  
Two for you and two for me.  
So-o shake that tree and watch them fall.  
One, two, three, four -- that is all.

### **Five Red Apples**

Five red apples hanging in a tree  
*(Hold up five fingers)*  
The juiciest apples you ever did see.  
The wind came by and gave an angry frown  
*(Fingers flutter downward)*  
And one little apple came tumbling down  
*(One finger falls)*  
Four red apples, hanging in a tree, etc...

### **A Little Apple Seed**

*Tune: "Eensy, Weensy, Spider"*

Once a little apple seed  
Was planted in the ground.  
Down came the raindrops,  
Falling all around.  
Out came the big sun,  
Bright as bright could be.  
And that little apple seed grew up  
To be an apple tree.

## A Wiggly Worm

*Tune: "Boom! Boom! Ain't It Great to Be Crazy?"*

*Chorus:*

Yum! Yum! Don't you know I love apples?

Yum! Yum! Don't you know I love apples?

Red and green and yellow, too...

Yum! Yum! Don't you know I love apples?

*Verse 1*

Way up high in an apple tree, I saw two eyes look at me.

I reached for an apple; it started to squirm...

oops! I found a wiggly worm!

*Chorus*

*Verse 2*

That wiggly worm is a friend of mine. We eat apples all the time.

I let him crawl back to that tree... hey! I see that worm looking at me!

*Chorus*



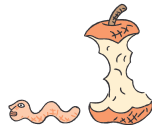
## **Five Little Worms**

Five little worms, happy as can be,  
Living in an apple on an apple tree.

They nibbled to the left,  
and they nibbled to the right.

They nibbled on that apple  
with all of their might.

When the apple was gone  
and the worms were fed,  
They quickly fell asleep in a  
cozy feather bed!



**CD/Songs:**

"Apples and Bananas" by Raffi

*One Light, One Sun*

"Apple Pickers Reel" Sharon, Lois & Bram

## Apples, Apples

*Tune: "Twinkle, Twinkle, Little Star"*

Apples juicy, apples round;  
On the tree or on the ground.

Apples yellow, apples red,  
Apple pie and juice and bread!

Apples crunchy, apples sweet;  
Apples are so good to eat!

## APPLES

Apples, apples, what a treat!  
Sweet and tart and good to eat.  
Apples green and apples red,  
Hang from branches overhead,  
And when they ripen,  
Down they drop,  
So we can taste our apple crop!

~ Helen H. Moore

# CORE FACTS!

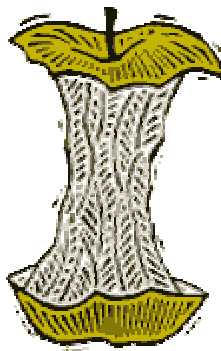
## *About Apples and Nutrition*

*Apples are an easy way to eat more fruits and vegetables each day.*

1. **Apples come in many varieties** - Apples come in a range of interesting flavors, offering a variety not available in most other fruits and vegetables.

2. **Apples are convenient** - One of Mother Nature's original fast foods, they can be eaten fresh, or processed as sauce, juice and slices.

3. **Apples are nutritious** - Apples are a very good fruit for building healthy bodies.



*A medium-sized (154-gram) apple:*

- **Contains no fat**, and contains no saturated fat - helps reduce risk of cancer.
- **Contains no sodium** - helps reduce risk of high blood pressure.
- **Is an excellent source of fiber** - helps reduce cholesterol and may help prevent certain types of cancer.
- **Has only 80 calories.**
- **Contains no cholesterol.**
- **Contains no artificial colors or flavors.**

*From the Applegrowers Association*

**Make a “Tree of Knowledge” with facts written about apples – written on apple cut-outs.**

# Our Apple Tree

When spring comes round, our apple tree  
Is very full of flowers,  
And when a bird sits on a branch  
The petals fall in showers.

When summer comes, our apple tree  
Is very full green,  
And everywhere you look in it  
There is a leafy screen.

When autumn comes, our apple tree  
Is full of things to eat.  
The apples hang from every branch  
To tumble at our feet.

When winter comes, our apple tree  
Is full of snow and ice  
And rabbits come to visit it...  
We think our tree is nice.

~ *Marchette Chute*





## **The Little Red House with No Doors and Windows**

*Traditional - Adapted by Caroline Sherwin Bailey*

Once upon a time there was a little boy who was tired of all his toys and tired of all his picture books and tired of all his play.

"What shall I do?" he asked his mother, And his mother, who always knew beautiful things for little boys to do, said:

"You will go on a journey and find a little red house with no doors and no windows and with a star inside."

Then the little boy's eyes grew big with wonder. "Which way shall I go?" he asked, "to find a little red house with no doors and no windows and a star inside?"

"Down the lane and past the farmer's house and over the hill," said his mother, "Come back as soon as you can and tell me all about your journey."

So the little boy put on his cap and his jacket and started out.

He had not walked very far down the lane when he came to a merry little girl dancing along in the sunshine. Her cheeks were like pink blossom petals and she was singing like a robin.

"Do you know where I shall find a little red house with no doors and no windows and a star inside?" the little boy asked her.

The little girl laughed. 'Ask my father, the farmer," she said. "Perhaps he knows.

So the little boy went on until he came to a great brown barn where the farmer kept barrels of fat potatoes and baskets of yellow squashes and golden pumpkins. The farmer himself stood in the doorway looking out over the green pastures and yellow grain fields.

"Do you know where I shall find a little red house with no doors and no windows and a star inside?" asked the little boy of the farmer.

The farmer laughed, too. "I've lived a great many years and I've never seen one," he chuckled; "but ask Granny who lives at the foot of the hill. She knows how to make molasses taffy and popcorn balls and red mittens. Perhaps she can direct you."

So the little boy went on farther still, until he came to Granny sitting in her pretty garden of herbs and marigolds. She was as wrinkled as a walnut and as smiling as the sunshine.



"Please, dear Granny," said the little boy, "Where shall I find a little red house with no doors and no windows and a star inside?"

Granny was knitting a red mitten and when she heard the little boy's question she laughed so cheerily that the wool ball rolled out of her lap and down to the little pebbly path.

"I should like to find that little house myself," she chuckled. "It would be warm when the frosty nights come and the starlight would be prettier than a candle. But ask the wind who blows about so much and listens at all the chimneys. Perhaps the wind can direct you."

So the little boy took off his cap politely to the granny and went on up the hill rather sorrowfully. He wondered if his mother, who usually knew almost everything that was to be known, had perhaps made a mistake.

The wind was coming down the hill as the little boy climbed up. As they met, the wind turned about and went along, singing, beside the little boy. It whistled in his ear and pushed him and dropped a pretty leaf into his hands.

"Oh Wind" asked the little boy, after they had gone along together quite a way. "Can you help me to find a little red house with no doors and no windows and a star inside?"

The wind cannot speak in our words, but went singing ahead of the little boy until it came to an orchard. There it climbed up in an apple tree and shook the branches. When the little boy looked down, there, at his feet, lay a great rosy apple.

The little boy picked up the apple. It was as much as his two hands could hold. It was as red as the sun had been able to paint it, and the thick brown stem stood up as straight as a chimney, but it had no doors and no windows. "Was there a star inside?"

"I wonder" thought the little boy. He took his jackknife from his pocket and cut the apple through the center. Oh how wonderful!! There, inside the apple, lay a star holding brown seeds.

So the little boy called to the wind "Thank You" and the wind whistled back, "You're welcome."

Then the little boy ran home to his mother and gave her the apple. "It is too wonderful to eat without looking at the star, isn't it?" he asked. "Yes, indeed," answered his mother.

## Apple of Your Eye

Mommy, mommy tell me why  
I'm the apple of your eye?

Why not a cherry?

Why not a plum?

Why not lingenberries, mom?

And what sort of apples?

Sweet like a tickle in your feet?

Yes!

And what sort of apples?

Tart like a wild thing in your heart?

yes!

Green like a green gage,

Red like a red blush,

Granny Smith or Mackintosh?

Hidden in the evening

And when you kiss me tell me do

That I am yummy through and through!



# IF YOU GIVE A TEACHER AN APPLE

If you give a teacher an apple, she'll want a break so she can eat it.

When she's on her break, she'll be paged regarding an emergency in her classroom.

When she's handled the child having a temper tantrum, she'll find that her break is over and will begin teaching a lesson on the carpet.

While at the carpet, she'll see that one child needs to go to the washroom.

While escorting that child to the bathroom, she'll find another child who has wet his pants.

When searching for the extra clothes for the wet one, she'll remember a note to parents requesting extra clothing be donated.

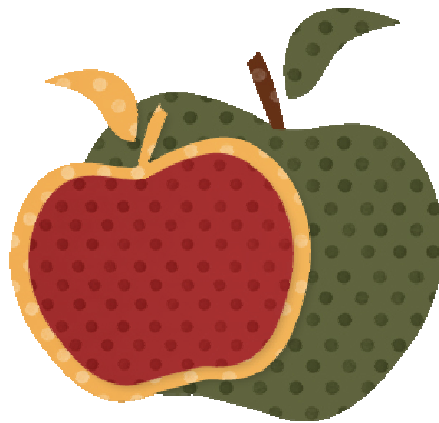
While writing the note at her desk, she'll realize that her "runner" has disappeared again.

When looking for the "runner child," she'll remember he is absent but finds two other children playing by the cubbies.

When reminding the children about sitting on the carpet, she'll walk by her desk and find her partially-planned activities for the letter "A".

And... chances are... if she finds the "A" activities, she'll remember her partially-eaten apple in the staff room.

*~ Anonymous*



# After Apple Picking

*by Robert Frost*

My long two-pointed ladder's sticking through a tree  
Toward heaven still.  
And there's a barrel that I didn't fill  
Beside it, and there may be two or three  
Apples I didn't pick upon some bough.  
But I am done with apple-picking now.  
Essence of winter sleep is on the night,  
The scent of apples; I am drowsing off.  
I cannot shake the shimmer from my sight  
I got from looking through a pane of glass  
I skimmed this morning from the water-trough,  
And held against the world of hoary grass.  
It melted, and I let it fall and break.  
But I was well  
Upon my way to sleep before it fell,  
And I could tell  
What form my dreaming was about to take.  
Magnified apples appear and reappear,  
Stem end and blossom end,  
And every fleck of russet showing clear.  
My instep arch not only keeps the ache,  
It keeps the pressure of a ladder-round.  
And I keep hearing from the cellar-bin  
That rumbling sound  
Of load on load of apples coming in.  
For I have had too much  
Of apple-picking; I am overtired  
Of the great harvest I myself desired.  
There were ten thousand thousand fruit to touch,  
Cherish in hand, lift down, and not let fall,  
For all  
That struck the earth,  
No matter if not bruised, or spiked with stubble,  
Went surely to the cider-apple heap  
As of no worth.  
One can see what will trouble  
This sleep of mine, whatever sleep it is.  
Were he not gone,  
The woodchuck could say whether it's like his  
Long sleep, as I describe its coming on,  
Or just some human sleep.





1. Write down or draw how many seeds you think are in your apple.
2. The teachers will cut your apple into four pieces.
3. With a craft stick, take your seeds out of your apple.
4. Count how many seeds there are in your apple.
5. On the chart that says, "My apple had \_\_\_ seeds." Draw how many seeds you had in your apple by your name.
6. Eat your apple after you count how many seeds are in your apple!



# *Open-ended Art:*

## *Teaching Teachers about Experiencing Apples with children*

**Materials Needed:** 3 – 4 apples. A ditto of a picture of an apple, crayons, a knife, pens, paper, 3 tables for staff to sit at.

**Directions for Activity:** One table can only color the ditto of an apple; one table can only look at the apples – but cannot touch them; the third table can experience the apples any way they choose (cut them up, smell, etc.)

Groups then write down what they learned based on this experience only (not on any previous knowledge or experience with apples.)

***Discuss value*** of tactile, taste, smell, etc.; which table would have more language development; meaningfulness and relevance of each tables' experience; which table will have memories that will last longer and why; etc...



# Apple Picking

Apples growing on the tree,  
Swinging, swaying in the breeze.  
Pick them, count them, pile them high –  
Apples for an apple pie!  
Munch some, crunch some, right away,  
Sweet and crisp on an autumn day!





# QUOTES ON APPLES

If you want to make an apple pie from scratch, you must first create the universe. ~ *Carl Sagan*

Any fool can count the seeds in an apple. Only God can count all the apples in one seed. ~ *Robert H. Schuller* .

An apple a day keeps the doctor away. ~ *Unknown*

A seed hidden in the heart of an apple is an orchard invisible. ~ *Welsh Proverb*

As American as hotdogs, baseball and apple pie.  
~ *Unknown*



# Apple Words!



**Sight** – What words describe what an apple *looks* like?

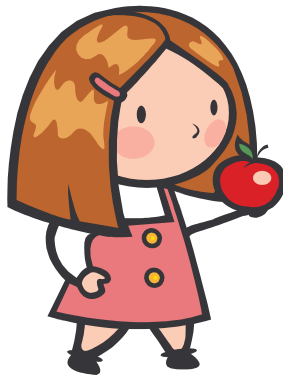
**Sound** - What words describe what an apple *sounds* like?

**Smell** – What words describe what an apple *smells* like?

**Touch** – What words describe what an apple *feels* like?

**Taste** – What words describe how an apple *tastes*?

# Apple Words in Spanish



Apple

la manzana

Apple juice

jugo de manzana

Applesauce

pure' de manzana

Apple pie

pastel de manzana

Yellow

amarillas

Green

verdes

Red

rojas

Tree

arbole

# TINY APPLE SEED

*By Deborah Garmon*

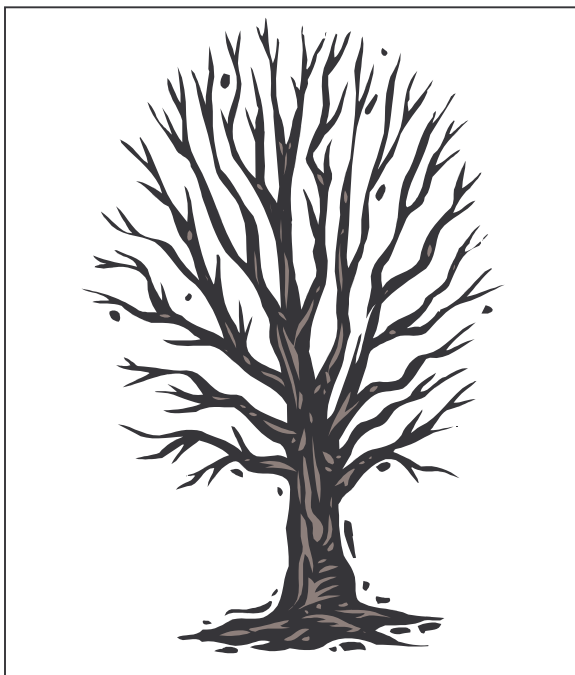
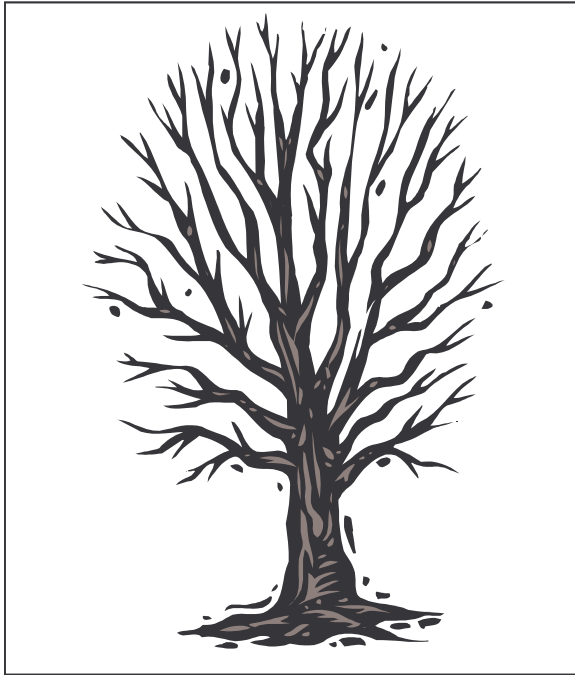
I put a tiny apple seed  
Underneath the ground.  
I covered it with soft, brown dirt,  
Then patted all around.  
The sun shone down; the rain fell, too,  
Upon my seed you see.  
And now my tiny apple seed  
Is a big apple tree!



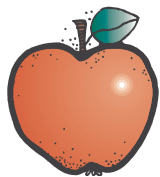


## Apple Tree Sequencing Game:

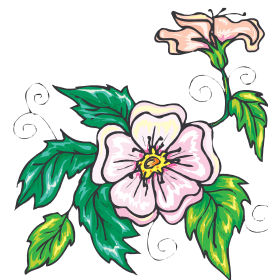
Decorate the 4 seasons of apple trees. Have children put into order (by season).



*Variation: Make brown paint print of child's hand and arm (up to elbow) as tree*



## CORE INFORMATION!!



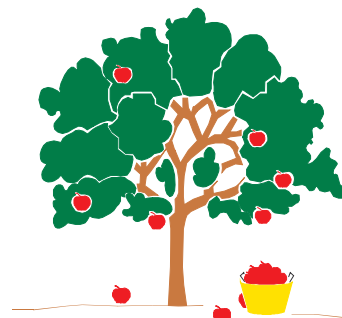
- Apples come in all shades of reds, greens, yellows.
- Two pounds of apples make one 9-inch pie.
- Apple blossom is the state flower of Michigan.
- 2500 varieties of apples are grown in the United States.
- 7500 varieties of apples are grown throughout the world.
- 100 varieties of apples are grown commercially in the United States.
- Apples are grown commercially in 36 states.
- Apples are grown in all 50 states.
- In 2001 United States consumers ate an average of 45.2 pounds of fresh apples and processed apple products. That's a lot of applesauce!
- 61 percent of United States apples are eaten as fresh fruit.
- 39 percent of apples are processed into apple products; 21 percent of this is for juice and cider.
- The top apple producing states are Washington, New York, Michigan, California, Pennsylvania and Virginia, which produced over 83 percent of the nation's 2001-crop apple supply.
- Apples are fat, sodium, and cholesterol free.
- A medium apples is about 80 calories.
- Apples are a great source of the fiber pectin. One apple has five grams of fiber.
- In 2001 there were 8,000 apple growers with orchards covering 430,200 acres.
- The pilgrims planted the first United States apple trees in the Massachusetts Bay Colony.
- The science of apple growing is called pomology.
- Apple trees take four to five years to produce their first fruit.
- Most apples are still picked by hand in the fall.
- Apple varieties range in size from a little larger than a cherry to as large as a grapefruit.
- Apples are propagated by two methods: grafting or budding.
- The apple variety 'Delicious' is the most widely grown in the United States.
- In Europe, France, Italy and Germany are the leading apple producing countries.
- The apple tree originated in an area between the Caspian and the Black Sea.
- Apples were the favorite fruit of ancient Greeks and Romans.
- Apples are a member of the rose family.
- Apples harvested from an average tree can fill 20 boxes that weigh 42 pounds each.
- Americans eat 19.6 pounds or about 65 fresh apples every year.
- 25 percent of an apple's volume is air. That is why they float.
- The largest apple picked weighed three pounds.
- Europeans eat about 46 pounds of apples annually.
- The average size of a United States orchard is 50 acres.
- Many growers use dwarf apple trees.



- Charred apples have been found in prehistoric dwellings in Switzerland.
- Most apple blossoms are pink when they open but gradually fade to white.
- Some apple trees will grown over forty feet high and live over a hundred years.
- Most apples can be grown farther north than most other fruits because they blossom late in spring, minimizing frost damage.
- It takes the energy from 50 leaves to produce one apple.
- Apples are the second most valuable fruit grown in the United States. Oranges are first.
- In colonial time apples were called winter banana or melt-in-the-mouth.
- United States Department of Agriculture (USDA) forecasts the 2000 apple crop to be at 254.2 million 42 pound cartons.
- Total apple production in 2001 was 229 million cartons valued at \$1.5 billion.
- The largest U. S. apple crop was 277.3 million cartons in 1998.
- In 1999 the People's Republic of China led the world in apple production followed by the United States.
- Apples have 5 seeds. There are five seed pockets, each with a seed, in an apple.
- China is the leading producer of apples with over 1.2 billion bushels grown in 2001.
- World's top apple producers are China, United States, Turkey, Poland and Italy.
- The Lady or Api apple is one of the oldest varieties in existence.
- Newton Pippin apples were the first apples exported from America in 1768, some were sent to Benjamin Franklin in London.
- In 1730 the first apple nursery was opened in Flushing, New York.
- One of George Washington's hobbies was pruning his apple trees.
- America's longest-lived apple tree was reportedly planted in 1647 by Peter Stuyvesant in his Manhattan orchard and was still bearing fruit when a derailed train struck it in 1866.
- Apples ripen six to ten times faster at room temperature than if they were refrigerated.
- A peck of apples weight 10.5 pounds.
- A bushel of apples weights about 42 pounds and will yield 20-24 quarts of applesauce.
- Archeologists have found evidence that humans have been enjoying apples since lat least 6500 B.C.
- The world's larges apple peel was created by Kathy Wafler Madison on October 16, 1976, in Rochester, NY. It was 172 feet, 4 inches long. (She was 16 years old at the time and grew up to be a sales manager for an apple tree nursery.)
- It takes abou 36 apples to create one gallon of apple cider.



Red Delicious – dark red,  
oval, sweet, 5 buttons on  
bottom;  
Granny Smith – green, tart  
Golden Delicious – yellow,  
oval, sweet





# More Seeds of Information -

Apples are one of the most popular, flavorful and healthful fruits grown in the world. Three-fourths of America's population, both young and old, name apples as one of their favorite fruits for snacking. They are also great with meals. Apples are pre-packaged in nature's own wrapper. Several servings of apples and apple products should be included in children's diet every day to help build a healthy body.

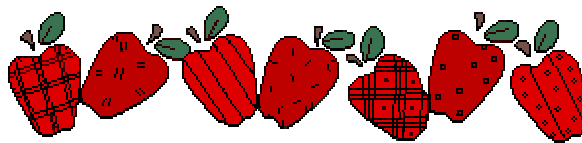
Apple growing is an important industry in America. The state of Washington ranks first in the number of bushels grown, followed by New York, Michigan, California and many other states. Worldwide, the United States ranks second to Russia in apple production.

The first U.S. apple trees were planted by the pilgrims in the Massachusetts Bay Colony. In the early 1800s John Chapman, better known as Johnny Appleseed, traveled across the Ohio Valley carrying bags of apple seeds. As he ventured westward, he planted seeds and grew apple trees wherever he roamed to ensure that settlers living in the western frontier would have nutritious apples to eat.

Today, the science of apple growing is called pomology. Over the years many people have worked together to refine methods to produce the best formed and tastiest apples. It takes about four or five years for apple trees to produce their first fruits. Apple trees are grown on farms, better known as apple orchards. In spring apple trees blossom with fragrant, sweet smelling white flowers. Many apple growers place beehives in their orchards while the trees are blossoming so that the honeybees can pollinate the flowers. When the blossoms fall off the pollinated flowers, baby apples begin to grow in their place.

The apple crop is harvested in the fall when the apples are fully grown and ripened. Most of our nation's crop is picked from the trees by hand, then washed, packed and delivered by refrigerated trains and trucks to markets and grocery stores, or made into apple juice, apple cider, apple butter, applesauce and other nutritious apple products.

There are 2,500 varieties of apples grown throughout the United States. The top ten are: Red Delicious, Golden Delicious, Granny Smith, McIntosh, York Imperial, Rome Beauty, Johnathan, Stayman, Newtown Pippin, and Winesap. Do any of these grow in your area? Which have you eaten? Be adventurous and try a few that are new to you!



*From: Michigan Apple Growers Association*

# The Story of Johnny Appleseed

Johnny Appleseed was a legendary American who planted and supplied apple trees to much of the United States of America. Many people think that Johnny Appleseed was fictional character, but he was a real person.

Johnny Appleseed spent 49 years of his life in the American wilderness planting apple seeds. Johnny Appleseed's real name was John Chapman. He was born September 26, 1774 in Leominster, Massachusetts. He created apple orchards in Illinois, Indiana, Kentucky, Pennsylvania and Ohio. After 200 years, some of those trees still bear apples.



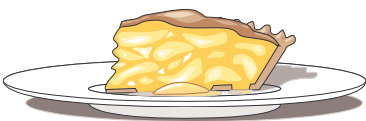
Johnny Appleseed's dream was for a land where blossoming apple trees were everywhere and no one was hungry. A gentle and kind man, he slept outdoors and walked barefoot around the country planting apple seeds everywhere he went.

Johnny was a skilled nurseryman who grew trees and supplied apple seeds to the pioneers in the mid-western USA. Appleseed gave away and sold many trees. He owned many nurseries in Ohio, Pennsylvania, Kentucky, Illinois, and Indiana, where he grew his beloved apple trees. Although he was a very successful man, Appleseed lived a simple life. Johnny was a friend to everyone he met. Indians and settlers -- even the animals -- liked Johnny Appleseed. His clothes were made from sacks and his hat was a tin pot. He also used his hat for cooking. His favorite book was the Bible. It is even told that he made his drinking water from snow by melting it with his feet! There are many tales about Johnny Appleseed. It is said that once Johnny fell asleep and a rattlesnake tried to bite him, but the fangs would not go into his foot because his skin was as tough as an elephant's hide. Another tale describes him playing with a bear family.

Johnny Appleseed died in 1845. It was the only time he had been sick -- in over 70 years!!! Johnny died at the age of 70; he is buried in Fort Wayne, Indiana. He had spent 50 years growing apple trees and traveling to spread his beloved apple trees around his country.



An apple pie,  
When it looks nice,  
Would make  
one long  
To have a slice;  
But if the taste  
Should prove so, too,  
I fear one slice  
Would scarcely do.



So, to prevent  
My asking twice,  
Please, Mamma,  
Cut a large slice!

# Some questions to promote thinking and encourage language development –

- What are some other things that have seeds?
- What else grows from seeds?
- What is the difference between an orchard and a farm?
- What other kinds of foods are grown on a farm?
- What other kinds of foods come from an orchard?
- How does fruit get to the grocery store?
- What other things rot when they get old?
- Do you know anyone that works on a farm or in an orchard?
- What else is the color red? Green?
- How do you know if something is ripe?
- What are some other things grow on trees?



**Why does an apple turn brown?** *The “skin” of an apple provides a protective covering. After it is peeled or cut, oxygen from the air mixes with certain substances in an apple and turns it brown. It is still good to eat, but doesn’t look so good! The acid in lemon juice interferes with this reaction to air and will keep apples from turning brown.*

# 10 APPLES ON A TREE

Farmer Brown had **10** apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving **9** red apples hanging on the tree.

**9** red apples hanging on the tree  
Then he picked one apple  
And gave it to me  
Leaving **8** red apples hanging on the tree.

**8** red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving **7** red apples hanging on the tree.

**7** red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving **6** red apples hanging on the tree.

**6** red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving **5** red apples hanging on the tree.



5 red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving 4 red apples hanging on the tree.

4 red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving 3 red apples hanging on the tree.

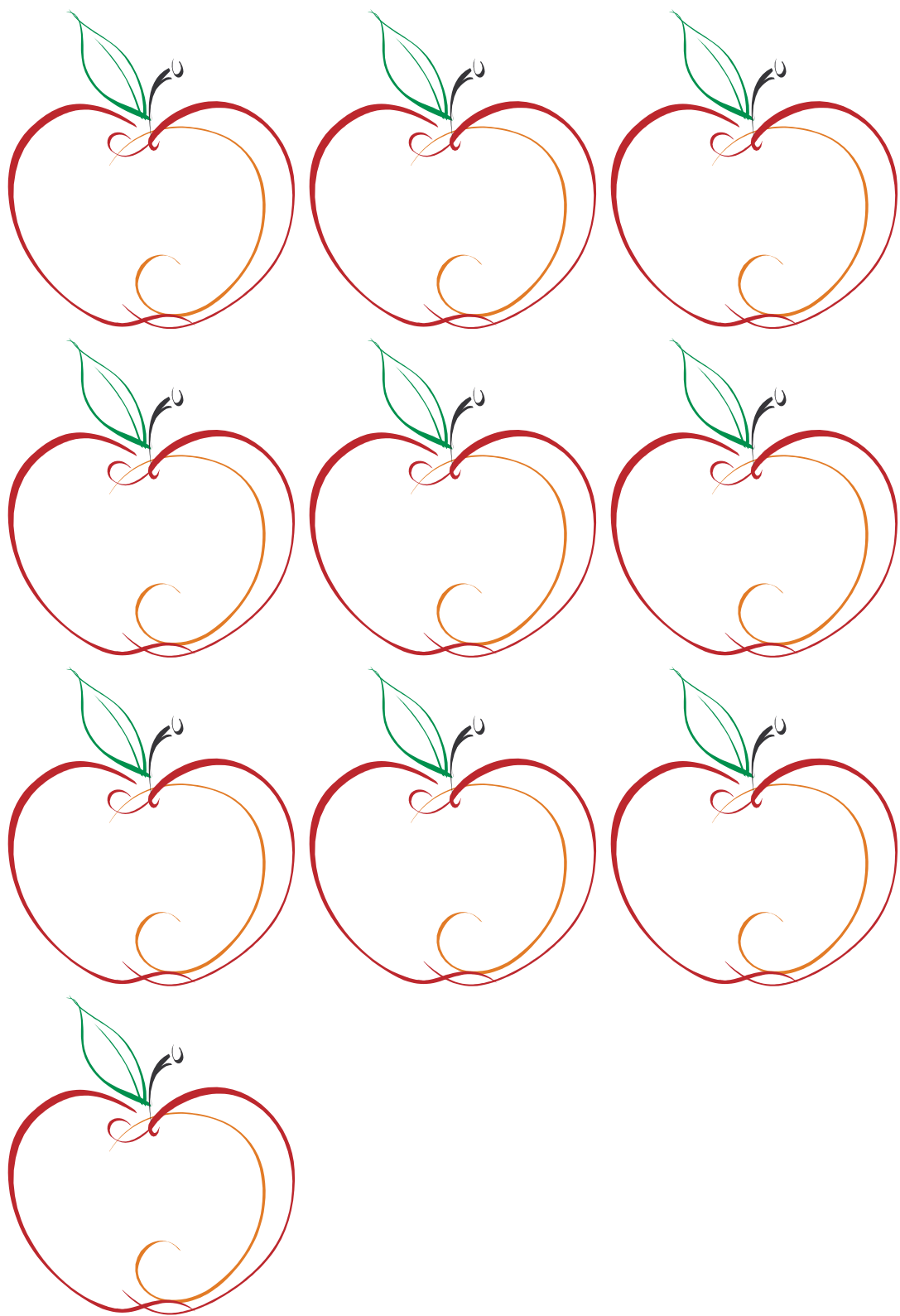
3 red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving 2 red apples hanging on the tree.

2 red apples  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving 1 red apples hanging on the tree.

1 red apple  
Hanging on a tree  
Then he picked one apple  
And he gave it to me  
Leaving no red apples hanging on the tree!





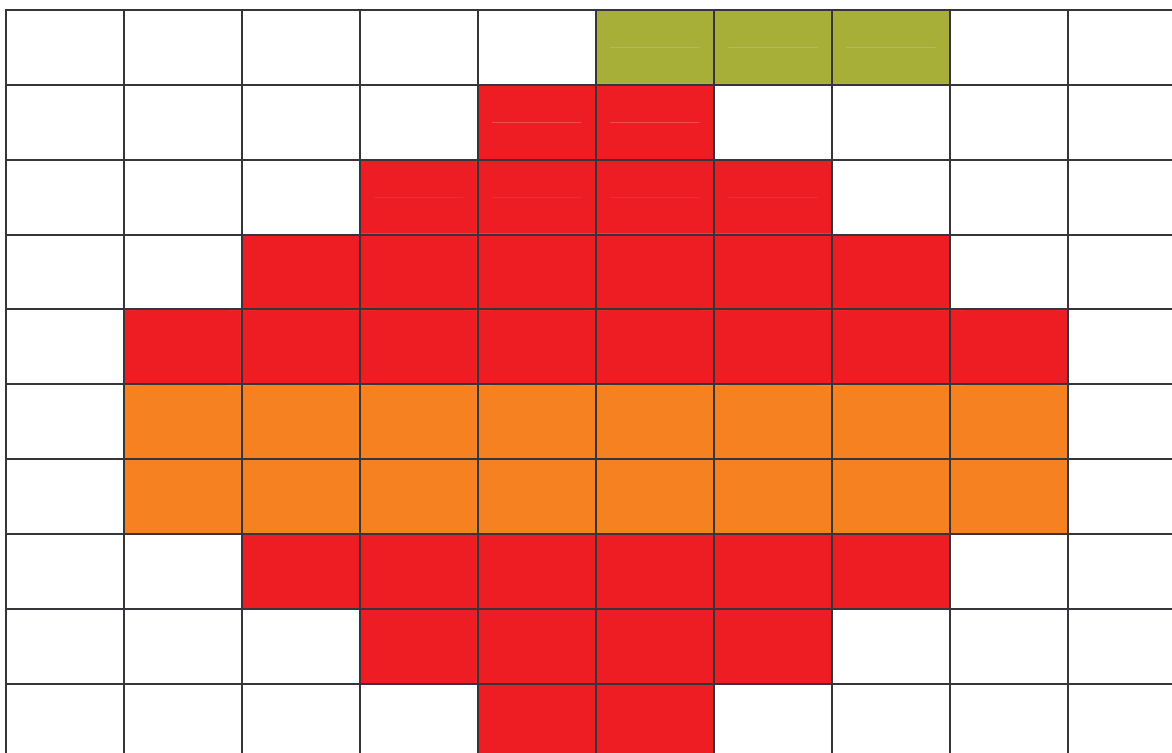


*Pieces for "10 Apples on a Tree" flannelboard poem*



# Apple Safety Pin/Bead Craft Pin

(for older children)



*Items needed (for each individual craft):*

*11 Large safety pins  
3 green beads ("leaf")  
48 red beads  
49 white beads*

Pin 1 and Pin 10: 10 white beads  
Pin 2 and Pin 9: 4 white, 3 red, 3 white  
Pin 3: 1 green, 2 white, 5 red, 2 white  
Pin 4: 1 green, 1 white, 7 red, 1 white  
Pin 5: 1 green, 9 red  
Pin 6: 1 white, 9 red  
Pin 7: 2 white, 7 red, 1 white  
Pin 8: 4 white, 3 red, 3 red

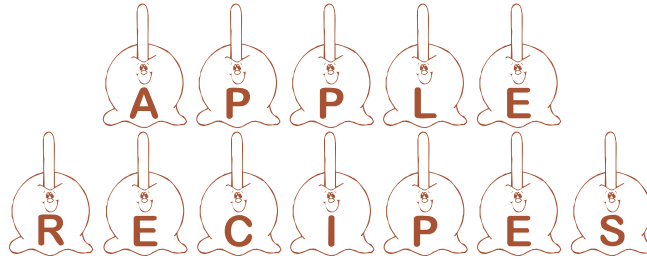
All safety pins should have 10 beads on them, total. "String" them (in order) onto the horizontal pin creating the pattern.

Can also be done by placing pieces of paper squares onto a 'grid' in this order. Or as a listening activity where the teacher names the order to place the paper squares.

Apple

Slice

Tree



***When cooking with children, use extreme caution with anything hot. Safety is first and foremost! Also remember to always have children wash hands well prior to any cooking or eating activity.***

***Use cooking experiences as an opportunity to promote language development through asking questions and facilitating discussion. Incorporate math by counting while measuring ingredients, and as children stir. Allow children to do as much as possible of the process... cooking experiences should not be the children watching as the teacher does everything! Have fun!***

## **Apple Finger Cubes**

Pour 2 envelopes unflavored gelatin into a bowl. Add 2 cups boiling water. Stir until gelatin is dissolved. Add one 6 oz. can unsweetened frozen apple juice concentrate. Pour mixture into a lightly greased 9-by-13-inch cake pan and chill. Cut into squares when firm.

## **Toasty Apple Pies**

6 slices Cinnamon-raisin bread  
1 can (21 oz.) apple pie filling, drained  
6 slices cheddar cheese

Preheat your broiler. Place cinnamon-raisin bread on a baking sheet and lightly toast under the broiler. Watch it - this will only take a minute or two! Remove the baking sheet from the broiler, and top each slice of toast with an equal amount of apple pie filling and a cheese slice. Broil 2 to 3 minutes, or until the filling is heated through and the cheese is melted. Serve immediately. Makes 6 servings.

## Apple Cake

4 cups diced apples  
2 eggs  
2 cups sugar  
1 teaspoon vanilla  
2 teaspoons cinnamon  
1/2 cup oil  
2 cups flour; 3/4 teaspoon salt; 2 teaspoon baking soda



Break eggs over apples and mix well with fork. Add sugar, vanilla, cinnamon, and oil. Sift flour, salt and baking soda. Combine with flour mixture. Pour into lightly greased 9x13 pan. Bake 350 for 45 minutes or longer. Makes a very moist cake - no frosting. Serve cold or hot.

## Apple Coleslaw

In a bowl mix together 1/4 cup mayonnaise, 1/4 cup milk, and 1 tsp. lemon juice. Grate 1 large apple and 1 small cabbage, and add them to the mayonnaise mixture. Makes 8 servings.

## Crockpot Applesauce

8-10 medium apples, peeled and diced, 1/2 cup water, 1 cup sugar, 1/2 tsp. cinnamon  
Combine apples and water in the slow-cooking pot. Cover and cook on low for 4 hours until apples are very soft. Add sugar and cook on low for another 30 minutes. Sprinkle with cinnamon. Note: apples will be slightly chunky. If smooth is preferred, puree in a blender. Applesauce: (Regular) Quarter, core and peel 3 to 4 sweet apples. Cut the quarter pieces in half and put them in a saucepan. Add 1/2 cup water, sprinkle on 1/2 tsp. cinnamon and simmer, covered, until the apples are tender (about 20 minutes). Have the children mash the cooked apples with a potato masher or whirl them in a blender. Cool and eat. Makes 6 servings.

## Apple Muffins

Take a packaged mix of oatmeal muffin mix and follow directions on box. Add a cup of peeled and chopped apples. Bake as usual.

## **Apple Crisp**



Directions:

1. Child chooses and washes an apple.
2. Teacher places the apple onto the apple peeler machine.
3. Child turns the crank and watches as the machine peels and slices the apple.
4. Child places the apple slices and counts them into a dish/pan with a little water on the bottom.

Directions - The Topping

Mix the following ingredients: 3/4 cup packed brown sugar, 1/2 cup of flour, 1/2 cup of oats, 1/2 cup of cinnamon, 1/2 cup of nutmeg, 1/3 cup of margarine melted in a microwave. Mix and stir. Pat topping onto the top of the apples. Bake in a 350 oven for about 30 minutes (or until apples are bubbling and top is hardening). Spoon into individual bowls and leave plenty of time to cool before snack. For a class of 15, mix and used two batches of topping on a large pan.

## **Stuffed Baked Apples**

Ingredients: Firm baking apples, butter or margarine, sugar, hot water; choice of fillings

Fillings: raisins or walnuts or honey or banana slices or prunes or nutmeg or brown sugar or coconut or cinnamon candies or orange slices or pineapple; Toppings: ice cream or peanut butter or whipped cream or cheese or vanilla pudding or granola or custard or lemon sherbet or jelly; Core apples and sprinkle with 1 t. sugar. Set in baking dish. Stuff apple (combine several if you wish). Pour hot water to cover bottom of dish. Bake 400 30-35 min. Spoon liquid over apples every 10 min. while cooking. Cool

## **Baked Apples Snack**

Wash and core one apple per child. Place apples upright in a baking dish. Fill centers of apples with raisins and brown sugar. Sprinkle some cinnamon on top. Bake for one hour at 350. Serve with vanilla ice cream.

## **Apple Juice**

1/2 cup seeded apples, 1 cup water, 1 tsp. sugar. Blend the ingredients in a blender. Serve chilled.

## **An Apple Smile**

Core and slice an apple. Spread peanut butter on one side of each apple slice. Place four tiny marshmallows on top of the peanut butter of one slice. Top with another apple slice, peanut butter side down. Gently squeeze together.

## **Individual Apple Pies**

Ready-made pie crust (the kind that comes packaged flat in the dairy case) canned apple pie filling . Have each child cut out two large circles of pie crust (using a large, round cookie cutter or a large plastic drinking cup). Put a spoonful of pie filling in the middle of one circle. Place the second dough circle on top. Use a fork to crimp the edges and pierce a few holes in the top to allow steam to escape. Bake in a toaster oven 10-15 minutes or until brown.

## **Apple Honey Grahams**

Ingredients: Apples, Graham crackers, Peanut butter; Optional: honey

Give each child a slice of apple and a table knife for dicing the apple. Spread a graham cracker slice with peanut butter. Add honey, if you like. Sprinkle diced apples on top.

## **Apple Sandwiches**

Ingredients: Apples, Peanut butter

Slice apples the "round way" so that a star is formed in the center. Spread a slice with peanut butter and top with a second slice to form a sandwich. (You won't need to core the apples if the slices are thin.) Use the leftover end pieces for making applesauce or for dicing on the apple grahams.

## **Caramel Apples**

In your crockpot, melt a 16oz. Package of caramels Add 1/4 cup of milk. Blend until smooth. Dip slices of apple or drizzle over apple slices.



## Apple “Person”

- 1 large marshmallow
- 1 Red or Golden Delicious apple
- 2 ropes black or red licorice
- liquid yellow food coloring
- 2 tsps flaked coconut
- 1 tsp. vanilla frosting
- 2 miniature choc. chips
- 1 maraschino cherry



For head, secure marshmallow to apple with a toothpick. Cut licorice into two 1-1/2 in. long pieces for arms and two 3 in. long pieces for legs. Secure arms and legs to apple with toothpick halves. For hair, combine 2 drops yellow food coloring and 3 drops water in a small re-sealable bag. Add coconut; shake well. Spread a small amount of frosting on top of marshmallow. Press coconut hair in place. Dip chocolate chips in frosting; insert into marshmallow for eyes. Cut a wedge of cherry into a smile; dip in frosting and place on marshmallow.



### Apple Keepsake Craft

Have children tear pieces of red paper. Children can trace and cut out large apple shape. They can then glue red pieces onto “apple.” Trace and cut child’s handprint out of green paper for “leaf.”

#### Add poem:

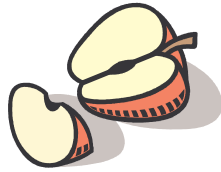
*This apple that you see here  
Was made just for you in school  
this year.  
You'll never see another just  
like it in all the land,  
Because for a leaf I used my  
own preschool hand.*

## Apples

Apples in the attic,  
Apples in the hall,  
Apples in the summer,  
Apples in the fall.  
Apples make you healthy,  
Apples make you tall,  
I will eat some apples,  
I will eat them all.

## Apples

Red apples,  
Green apples,  
Yellow apples, too.  
Big apples,  
Little apples,  
Shiny apples, too.  
Crunchy apples,  
Soft apples,  
Rotten apples, ooh!



## Apples Big

Apples big,  
Apples small.  
Guess what?  
I like them all!

## Ten Rosy Apples

Ten rosy apples high in a tree,  
Safely hiding where no one can see.  
When the wind goes rocking to and fro,  
Ten rosy apples to the ground must go.

## Apple, Apple

*(Tune: Twinkle, Twinkle Little Star)*

Apple, apple on the tree,  
I know that you are good for me.  
You are fun to munch and crunch  
For a snack and for my lunch.  
Apple, apple on the tree,  
I know that you are good for me.

## Johnny Appleseed Song

*Tune: "Do you Know the Muffin Man"*

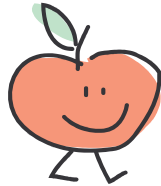
Do you know the apple man,  
The apple man, the apple man?  
Do you know the apple man?  
He planted apple seeds.  
He wore a pot upon his head,  
Upon his head, upon his head.  
He wore a pot upon his head.  
His name was Johnny Appleseed.  
John Chapman was his real name,  
His real name, his real name.  
John Chapman was his real name;  
But, we call him Johnny Appleseed.

## Apples Off My Tree

*(Tune: Skip to My Lou)*

Pick some apples off my tree,  
Pick some apples off my tree  
Pick some apples off my tree  
Pick them all for you and me.





## **Have You Ever Seen An Apple?**

*Tune: Have You Ever Seen a Lassie?*

Have you ever seen an apple, an apple, an apple?

Have you ever seen an apple,  
that grows on a tree?

A red one, a yellow one,  
a green one, a golden one.

Have you ever seen an apple,  
that grows on a tree?

## **Apple**

Red and juicy, shiny, sweet,  
Apple you're so good to eat.  
Crisp and crunchy, healthy, too.  
This core is all that's left of you

## **Apples, Apples**

*Tune: Twinkle, Twinkle*

Apples juicy, apples round,  
On the tree or on the ground.  
Apples yellow, apples red,  
Apple pie and juice and bread!  
Apples crunchy, apples sweet,  
Apples are so good to eat!

## **A WORM**

A squiggly little worm into my apple bit.  
He chomped and chomped  
until the core he hit.  
I asked him why he did it,  
And thought it sounds absurd,  
He said, "I love apples."  
Now that is what I heard.



## **Apple Seed**

*Tune: Twinkle, Twinkle*

I'm a little apple seed,  
Peeking through,  
Please help me,  
I'll help you.  
Dig me a hole,  
And hide me away,  
And I'll be an apple tree,  
Some fine day!

## **Apple Happy**

This is Apple happy.  
This is Apple sad.  
Now you see him sleepy.  
Now you see him mad.  
This is apple in pieces small.  
But in a pie he's best of all!

## **AN APPLE FOR ME**

High up in the tree  
A juicy apple grew  
Shiny red, it blushed at me  
And said, "I'm here for you!"

## WIGGLE WORM - game

Have the children sit in a circle with one child in the middle - the Wiggle Worm. Recite poem and have the 'wiggle worm' act out the movements. Continue until all children have had a turn.

One day while I was playing,  
I met a tiny worm.  
Instead of going straight,  
He squirmed and squirmed and squirmed.

Here now, let me show you  
How he got around.  
He wiggled, wiggled, wiggled  
All across the ground.

*Or have all the children act out the wiggle worm parts as a group instead of sitting in a circle with one doing it at a time.*

### Books about Worms:

Inch by Inch, *by Leo Lionni*  
Worms Wiggle, *by David Pelham*  
Wonderful Worms, *by Linda Glaser*  
Jack's Garden, *by Henry Cole*

### Worms In The Apple Tree

*Tune: Laugh Cookabury*

Look at all the worms in the apple tree,  
Eating all the apples they do see,  
CRUNCH, when they eat their lunch,  
There will be no apples left for me.  
Look at all the birdies, they do call,  
Eating all the worms up, one and all,  
SLURP, little birdies burp,  
Guess there will be apples after all.

## APPLE SONG AND WORM PROP

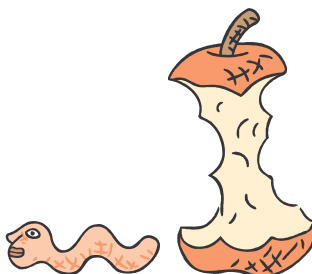
This little apple, apple, apple  
This little apple is my home.  
It has a little chimney, chimney, chimney  
It has a little chimney small and brown.  
It's very pretty, my little house  
It's very pretty this I know!  
This little apple, apple, apple  
This little apple is my home!

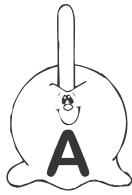
*Make an apple shape prop to go with this with a hole big enough to fit a finger through to put a finger puppet of a worm in. Wiggle the little worm as you sing the song.*

### Little Wiggle Worm Song

*Tune: I'm a Little Teapot*

I'm a little wiggle worm, watch me go!  
I can wiggle fast, or very, very slow  
I wiggle all around, then back I go  
into an apple, to the home I know





## Apple

*Tune: Bingo*

I know a fruit that grows on trees,  
And apple is its name, oh!  
A P P L E  
A P P L E  
A P P L E  
And apple is its name, oh!

In summer and in early fall  
It's time to pick an apple!  
(Chorus)  
It may be sweet or may be tart,  
It's red, or green, or yellow!  
(Chorus)  
A McIntosh or Granny Smith,  
A Winesap or Delicious!  
(Chorus)  
Make applesauce or apple juice  
Or apple pie with apples!  
(Chorus)



## Applejuice

*Tune: Yankee Doodle*

Peel an apple,  
cut it up,  
smoosh it a whole lot!  
When you taste it  
you will find  
it's applejuice you've got

## Ouch!

*By Dick Wilmes*

Apple green, apple red.  
Apple fell upon my head!

## Apple On A Stick

Apple on a stick, apple on a stick  
I can lick it all day and not get sick.  
Apple in a cup, apple in a cup  
I can drink it all day and not fill up.  
Apple in a crunch, apple in a crunch  
I can eat it all day, it is so good to munch  
Apple in a cake, apple in a cake  
I can eat it all day with no tummy ache  
Apple in a pie, apple in a pie  
I can eat it all day and never cry.  
Apple in a dish, apple in a dish  
I can eat it all day, it's so delish!

## THE APPLE

Within it's polished universe  
The apple holds a star,  
A secret constellation  
To scatter near and far.

Let a knife discover  
Where the five points hide.  
Split the shining ruby  
And find the star inside!

# What's Your Favorite?

				
McIntosh	Red Delicious	Green Apple	Michigan	None!

## JOKES IN GOOD TASTE!!!

Q. There was a man who's stomach was empty. How many apples can he eat before his stomach is no longer empty?  
*A. One, because then he will already have something in his stomach.*

Q. What's the only thing worse than finding a worm in your apple?  
*A. Finding only half a worm!!!*

Q. If there are five apples on the table and you take away three, how many do you have?  
*A. Three.*

A. What did the apple tree say to the farmer?  
*Q. Quit picking on me!*

A. Did you hear the gossip about the apple?  
*Q. It's juicy!*

Q. What is red and goes up and down?  
*A. An apple in an elevator!*

Q. Why did the tap run?  
*A. Because it saw the apple turnover!*

Q. Where was the apple when the lights went out?  
*A. In the dark!*



Remember – Children under the age of 5  
cannot typically understand jokes.

An apple pattern for  
puzzles, lacing cards, stencils, etc

